ABDSM Recommended Reading List


Lai V, Carberry J, Eckert D. Sleep Apnea Phenotyping: Implications for Dental Sleep Medicine. *J Dent Sleep Med.* 2019. 6(2) View Full Article


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(Optional Readings)


The following chapters from this book are recommended:

- Normal Human Sleep – An overview (Chapter 2)
- Daytime sleepiness and alertness (Chapter 4)
- Sleep deprivation (Chapter 5)
- Respiratory physiology: Understanding the control of Ventilation (Chapter 16)
- Classification of sleep disorders (Chapter 61)
- Sleep Breathing disorders: Clinical Overview (Chapter 108)
- OSA: Clinical Features, Evaluation and Principles of Management (Chapter 114)

Purchase Book

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